



Training on Your Schedule

Complete the online Training course IS-317: Introduction to CERTs and Attend CERT Skills Day September 22, 2012

CERT Training is usually a 20-24 hour course held 2 Saturdays or for 7 evenings. To make it more accessible for people to become CERT trained we are holding a "hands on" training day for the skills that you need to become CERT trained.

CERT Skills Training Day with a Disaster Simulation

Who: Anyone 14 and over (with parent's permission) who wants to become CERT trained for their family and Community

When: September 22, 2012

Time: 7 am-5:00 pm (*Bring your own lunch and water*)

Where: SHS

Cost: \$45.00 (for CERT Protective Equipment and supplies for training)

Grantsville CERT Volunteers fees will be paid by Grantsville City (Leonard Tayon)

What you need to do:

- Tell your Emergency Preparedness Coordinator that you are interested in taking CERT through the Special Training. Then take the entire CERT course at your own pace before September 22.
- Complete the Introduction to CERT course IS 317 on the internet. **This is imperative.** Be sure to print your certificate when you have completed the training. www.citizencorps.gov/cert/is317/ (*It covers most of the concepts and information that is covered during regular trainings.*)
- Print the question sheet from www.stansburyparkcert.org. (side tab Special Training Day attachments at the bottom)
- Watch two video presentations on the National CERT website www.citizencorps.gov/cert/videos/ CERT in Action (19:13) and CERT Training: Disaster

Psychology (43:14) answer the questions on the sheet printed earlier.

- Before 5:00 pm Monday, September 17th pay for the course materials to your Emergency Preparedness Coordinator or Robin Frederickson (robin.stansburyparkcert@gmail.com).
You may pay by either cash or check. (Please make the checks out to Stansbury Park CERT.)
- **Bring your certificate from the online course, question sheet and the registration form to the Skills Day**
- Wear study comfortable clothing that can get dirty and sturdy shoes to the Skills Day. (No shorts, sandals, flip flops, or hanging jewelry)
- Participate in the full day of hands on CERT activities and skills including participation in the disaster simulation September 22nd. (*It will be a very full day*).

After the online training and the Skills day you will be CERT trained

Training Websites:

www.citizencorps.gov/cert/is317/ Introduction to CERT course IS 317

www.citizencorps.gov/cert/videos/ First two videos – CERT in Action (19:13) and CERT Training: Disaster Psychology (43:14)

www.stansburyparkcert.org. Question sheet, and registration form under Special Training.

For questions talk to your Emergency Preparedness Coordinator or e-mail Robin @ robin.stansburyparkcert@gmail.com

CERT Skills Day Registration and check in 7:00 a.m. Instructions and Introduction 7:20 Sessions begin 7:45

Sessions: "Hands On" skills training

- Fire Suppression
- Medical Operations 1
- CERT Org and Disaster Psychology
- Review and Disaster Simulation – We will work through the simulation at least 2 times if we have time one more time.
- Hot Wash and Clean up – Everyone will be asked to help clean up
- Medical Operations 2
- S&R

Attendees of CERT Skills Day Need :

- CERT Paperwork and payment
- Notepad and Pencil/Pen
- Lunch, snacks, and water
- Flashlight/ Headlamp
- Sturdy Clothes
- Sturdy Shoes